

A woman with dark hair pulled back, wearing a grey tank top, is looking thoughtfully to the right while holding a stack of purple documents. The background is a bright, out-of-focus indoor setting.

Chronic Disease Care Planning

COURSE INFORMATION

Course snapshot

COURSE TITLE	<u>Chronic Disease Care Planning</u>
VALUE FOR ORGANISATIONS	Understand the benefit and development of patient care plans for chronic disease, health interventions that identify risk factors and supporting behaviour changes from team care to interventions that deliver improved health outcomes.
UNITS OF COMPETENCY	CHCCCS001 Address the needs of people with chronic disease
COST	Fully Funded
PRE-READING	Students must complete the Foundations of Chronic Disease Course prior to attendance at the workshop.
DELIVERY	One face to face or virtual workshop In-class activities assessed by a qualified assessor
ESTIMATED HOURS OF STUDY	8 hours of active learning.
CPD HOURS	As a general guide, one (1) hour of active learning equates to one (1) hour of CPD. It is the responsibility of the individual student to calculate how many hours of active learning have been completed. The hours of active learning estimated above should act as a guide to CPD hours.
ENTRY REQUIREMENTS	To view entry requirements please refer to the next page.
TERMS AND CONDITIONS	<u>Visit benchmarkgroup.com.au/terms-and-conditions</u> <u>View Student Handbook</u>

Course summary

The Chronic Disease Care Planning Course aims to provide students with the skills and knowledge necessary to determine the support needed for chronic disease management, including person-centric care, engaging the client, identifying and managing risk factors, and contributing to a multi-disciplinary service approach within the care planning model.

The course is supported by funding from the Australian Government Department of Health under the Chronic Disease Support Project.

Learning outcomes

Upon successful completion of the course students should have the ability to:

- Understand the prevalence and impact chronic diseases have on individuals, families and communities across Australia
- Identify and recognise an individual's biomedical and behavioural risk factors
- Promote self-management and provide realistic strategies for their clients by determining their chronic disease management needs
- Support the person with behaviour change using evidence-based tools and SMART goal planning techniques
- Use motivational interviewing techniques in their practice consultations
- Competently design and develop individualised and holistic care plans for their clients
- Recognise and arrange referrals, follow-up appointments and review of management plans
- Understand chronic disease MBS item numbers and maximising practice visits to optimise condition management.

Course content

This course is designed to support health professionals, working within in the primary care sector, effectively engage and empower their clients to optimising their management of their chronic disease. This course will cover:

- The main principles of chronic disease management
- Identifying chronic disease risk factors
- The role of self management
- How to engage effectively with clients
- A range of concepts related to health behaviours, attitudes and readiness to change
- How to design and implement SMART goals to optimise the management of chronic conditions
- An individualised approach in the development of chronic disease care plans.

About accessIQ

We are paving the way for innovative and easy online learning through our bespoke online course and assessment platform, accessIQ.

- Study anywhere, anytime
- Edit saved answers, review before submitting
- Live student console – tracks assessment, enrollments and waitlists
- Access statement of results and resource library.

Assessment

To achieve competency students must demonstrate successful completion of:

- Case studies, scenarios and oral questioning in the classroom
- Simulated workplace care planning
- Students will be deemed competent on successful completion of all activities within the workshop, including the completion of 3 care plans.

Entry requirements

Entrants to the Chronic Disease Care Planning Course (CHCCCS001) typically are primary healthcare professionals. Relevant roles could include but are not limited to:

- Aboriginal and/or Torres Strait Islander Health Practitioners
- Aboriginal and/or Torres Strait Islander Health Workers
- Allied Health Professionals
- Dietitians
- Enrolled Nurses
- General Practice Registrars
- General Practitioners
- Nurse Practitioners
- Nutritionists
- Other Health Professionals
- Registered Nurses
- Social and Emotional Wellbeing Workers

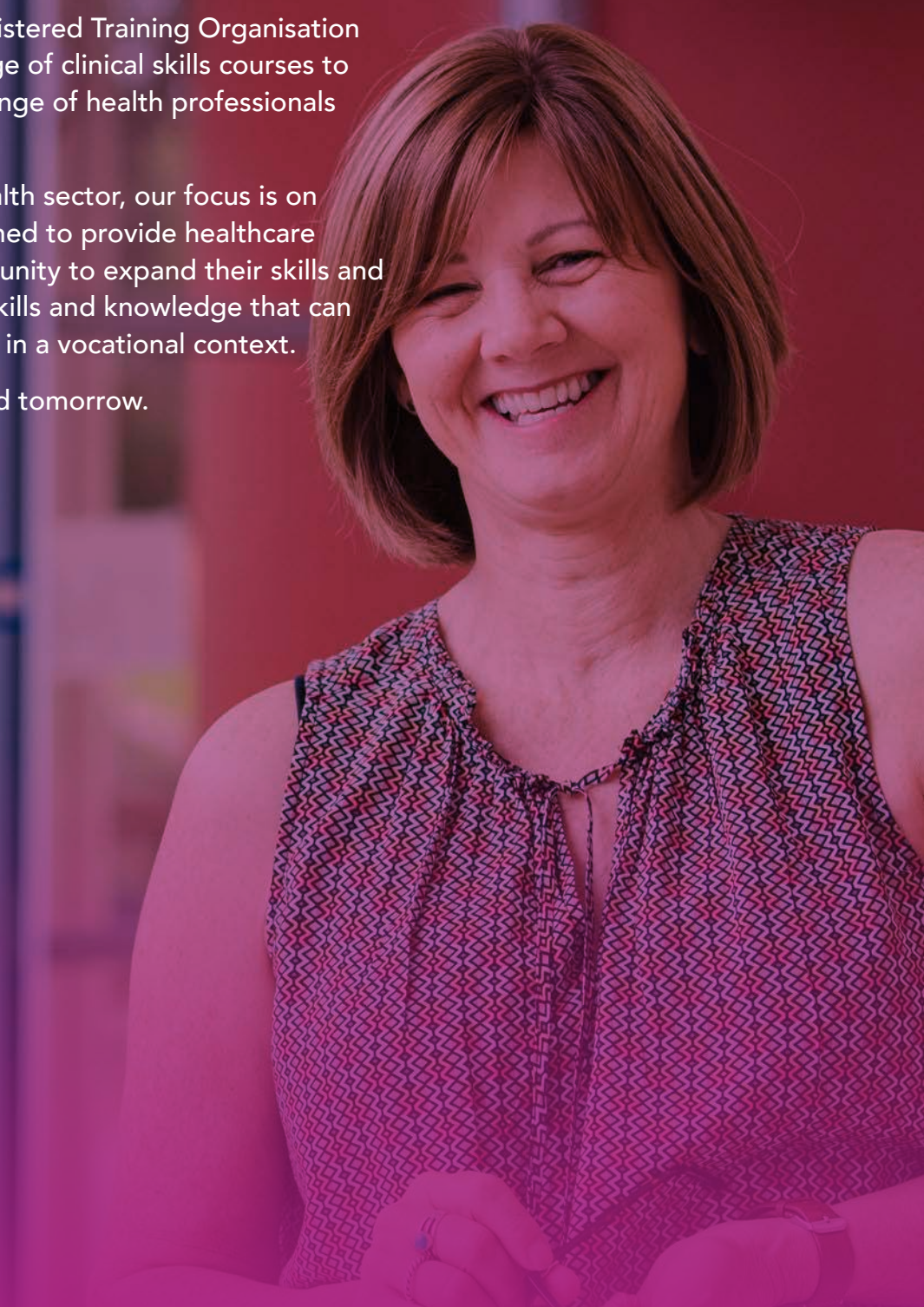
Students must complete Foundations of Chronic Disease prior to entry to this course.

About Benchmark Group

Benchmark Group is a Registered Training Organisation (RTO 21824) delivering a range of clinical skills courses to meet the needs of a broad range of health professionals across Australia.

As an RTO working in the health sector, our focus is on the delivery of courses designed to provide healthcare professionals with the opportunity to expand their skills and careers. We concentrate on skills and knowledge that can be immediately implemented in a vocational context.

Skills learnt today can be used tomorrow.



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