



**Chronic Conditions
of the Foot**
COURSE INFORMATION



Course snapshot

COURSE TITLE	<u>Chronic Conditions of the Foot</u>
VALUE FOR ORGANISATIONS	Building a practical skill set for foot assessment enables a healthcare practitioner to be competent and confident in chronic conditions of the foot basic care.
UNITS OF COMPETENCY	CHCCCS032 Provide basic foot care
COST	Fully Funded
PRE-READING	Students must complete the Foundations of Chronic Disease Course prior to attendance at the workshop.
ESTIMATED HOURS OF STUDY	8 hours of active learning.
CPD HOURS	As a general guide, one (1) hour of active learning equates to one (1) hour of CPD. It is the responsibility of the individual student to calculate how many hours of active learning have been completed. The hours of active learning estimated above should act as a guide to CPD hours.
ENTRY REQUIREMENTS	Can be found on the next pages.
TERMS AND CONDITIONS	Visit benchmarkgroup.com.au/terms-and-conditions View Student Handbook

Course summary

The Chronic Conditions of Foot Course (CHCCCS032) is a nationally accredited unit of competency which aims to provide students with the skills and knowledge required to provide care, health information and advice in relation to foot health management.

The workshop is practical and students are encouraged to perform their new foot health assessment skills on their peers and manikins. Students will learn how to identify, recognise and provide treatment for general foot conditions as well as determining foot care requirements and interventions.

Conditions explored in the course include neurovascular, arterial, neurological, endocrine and dermatology presentations and characteristics. Although individual assessment of nail cutting is not a component, the course provides theoretical knowledge of the principles and processes of performing basic foot and nail care.

The Chronic Conditions of the Foot Course (CHCCCS032) is supported by funding from the Australian Government Department of Health under the Chronic Disease Support Project.

Learning outcomes

Upon successful completion of the course students should have the ability to:

- Understand normal foot anatomy, physiology, biomechanics and gait style
- Identify and recognise common foot conditions affecting their clients. This includes:
 - recognising characteristics of neurovascular, arterial, neurological, endocrine and dermatology conditions.
- Competently perform a neurovascular and neurological assessment of the foot and lower leg
- Complete a Seven Step Foot Screening assessment on any client as part of a proactive or preventative intervention.

Course content

This course is designed to support health professionals in the primary healthcare sector improve their knowledge and understanding of common chronic conditions that affects foot health and function. This course will:

- Revise the foot pathology, anatomy and physiology
- Explore the link between chronic diseases and foot health
- Improve understanding of neurovascular assessment of the foot and lower leg
- Identify a range of common conditions that affect the feet
- Educate students on how to perform a Seven Step Foot Screening assessment
- Provide theoretical knowledge of the principles and processes of performing basic foot and nail care
- Provide practical skill sessions utilising equipment required for foot assessments such as monofilaments, tuning forks and dopplers.

About accessIQ

We are paving the way for innovative and easy online learning through our bespoke online course and assessment platform, accessIQ.

- Study anywhere, anytime
- Edit saved answers, review before submitting
- Live student console – tracks assessment, enrollments and waitlists
- Access statement of results and resource library.

Entry requirements

Entrants to the Chronic Conditions of the Foot Course (CHCCCS032) typically are primary healthcare professionals. Relevant roles could include but are not limited to:

- Aboriginal and/or Torres Strait Islander Health Practitioners
- Aboriginal and/or Torres Strait Islander Health Workers
- Allied Health Professionals
- Dietitians
- Enrolled Nurses
- General Practice Registrars
- General Practitioners
- Nurse Practitioners
- Nutritionists
- Other Health Professionals
- Registered Nurses
- Social and Emotional Wellbeing Workers

Students must complete the Foundations of Chronic Disease Course prior to entry to this course.

Delivery

One day face-to-face workshop.

Mix of theory and practical components utilising critical thinking skills to identify and assess a variety of conditions affecting the foot.

Majority of assessments are completed within the workshop through skill labs, practical group activities, quizzes and general discussion.

On completion of the 1-day workshop, students are required to organise and complete a workplace (or simulated workplace environment) assessment activity.

This course is delivered by a qualified chronic disease trainer and assessor.

Assessment

To achieve competency students must demonstrate successful completion of:

- Verbal and practical assessments covering essential foot health knowledge, understanding and skills
- Case studies, scenarios and quizzes through active participation in the workshop

A workplace (or simulated environment) activity.

On completion of the 1-day workshop, students are required to organise and complete a workplace (or simulated workplace environment) assessment activity.

The activity involves following the guidelines of 'Providing Basic Foot Care' for either two appropriate clients, or two colleagues. Ensure the observer of these workplace activities is a colleague of equivalent or higher qualification to you and ensure they sign off the third party report. The Third Party Report can be located and printed from student resources in accessIQ. Once you have completed all paperwork, take a picture or copy the form and upload this on your accessIQ portal and this will be marked by a Benchmark assessor.

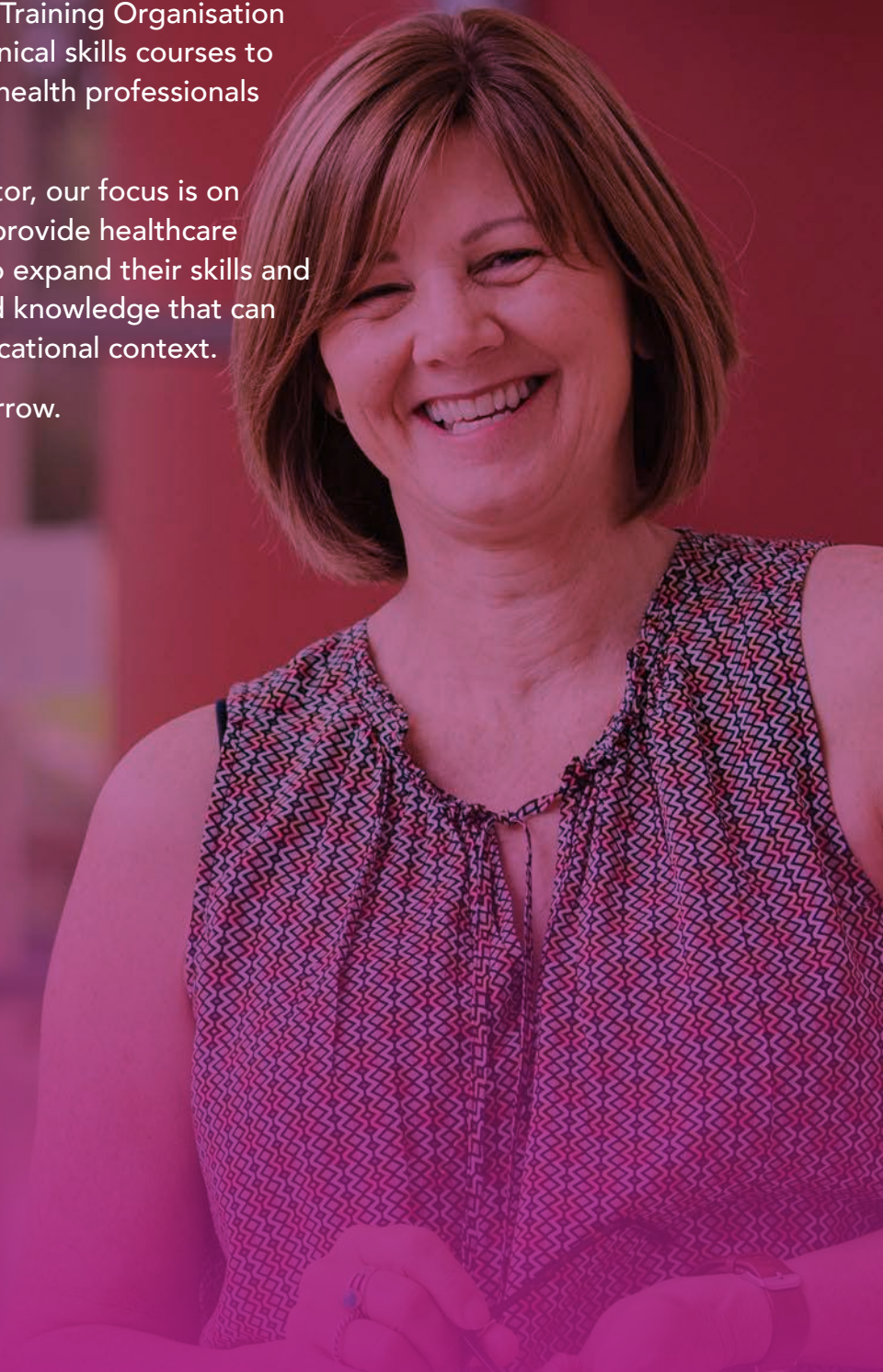
All workplace observed activities must be completed in accordance with the workplace's health and safety standards and abide by the facilities' infection control policies and procedures.

About Benchmark Group

Benchmark Group is a Registered Training Organisation (RTO 21824) delivering a range of clinical skills courses to meet the needs of a broad range of health professionals across Australia.

As an RTO working in the health sector, our focus is on the delivery of courses designed to provide healthcare professionals with the opportunity to expand their skills and careers. We concentrate on skills and knowledge that can be immediately implemented in a vocational context.

Skills learnt today can be used tomorrow.



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