

# ***Patient Instruction Sheet Following Wax Removal Procedure***

## **Routine Ear Cleaning**

Use soap, water and face cloth to clean the external ear only and leave the ear canal alone.

You may have a small amount of residual water in your ear from the procedure, allow this to drain out naturally.

Do not to put anything into the ear such as cotton buds, matches or hair clips to remove wax as it may push the wax further down and impact it, cause trauma to the canal or possibly perforate the ear drum.

## **Return to see the Doctor if any adverse reactions occur such as:**

- Pain
- Tinnitus (ringing in the ears)
- Vertigo (dizziness)
- Discharge
- Bleeding
- Loss of hearing

Use wax softening agents as directed

## **Follow up Instructions**

Review Appointment Required

Yes  No

Date:

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Time:

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Contact Number in case of problems:

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