Lower Limb Health

Course snapshot

COURSE TITLE	Lower Limb Health
COURSE SUMMARY	This four-hour online course provides an opportunity to review, consolidate and expand on your learned knowledge from our suite of Chronic Disease Courses and allows for an introduction to the Wound Management Pathway. The course provides an overview of lower limb assessment processes and treatment options, including cost-effective dressing options for common wounds on the lower limbs.
VALUE FOR ORGANISATIONS	Develop an understanding of lower limb health complications associated with a wide range of chronic diseases such as Diabetes, Osteomyelitis, Lymphoedema, Osteoporosis, and Arthritis. Understand lower limb assessment processes and treatment options, including cost-effective dressing options for common wounds on the lower limbs.
UNITS OF COMPETENCY	NA
COST	$125 (Incl. GST)
PRE-READING	NA
DELIVERY & ASSESSMENT	Online Learning and formative assessment completed via access**IQ**. A formative assessment is used to conduct an in-process self-evaluation of your learning. You must attain 100% for each assessment block to proceed with the course.
ESTIMATED HOURS OF STUDY	4 hours of active learning.
CPD HOURS	As a general guide, one (1) hour of active learning equates to one (1) hour of CPD. It is the responsibility of the individual student to calculate how many hours of active learning have been completed. The hours of active learning estimated above should act as a guide to CPD hours.
ENTRY REQUIREMENTS	Aboriginal and Torres Strait Islander Health Practitioner, Aboriginal and Torres Strait Islander Health Care Worker, Enrolled Nurse, General Practitioner, Midwife, Registered Medical Officer, Registered Nurse, Other Professions on application.
TERMS AND CONDITIONS	Visit benchmarquegroup.com.au/terms-and-conditions View Student Handbook

Course outline

You will review your current knowledge of the anatomy and physiology of the lymphatic, vascular, arterial, and integumentary systems. You will apply current evidence-based assessment methods and treatments to your current practice. You will use an allied health team approach to collate patient history, results, and data from which you can form an effective treatment plan.

You will cover knowledge of wounds on lower limbs associated with conditions often seen in primary health, aged care, palliative care, and acute care settings. These conditions include lower limb health complications associated with chronic diseases such as Diabetes, Osteomyelitis, Lymphoedema, Osteoporosis, Arthritis, and Nutrition related disorders.

The 'Wound Dressings' chapter will feature infographics containing assessment summaries and best practice dressing guidelines.

Course content

Lower Limb Health assessment including:

• Chronic health conditions and commonly related lower limb wounds

• Perform range of movement/mobility assessment

• Urine analysis

• Blood analysis

• Assessment tools and clinical scales

• Wound assessment

• Wound Management and dressings.

Course outcome

At the end of the course, you will have started or refreshed your learning on how to:

• Use clinical assessment outcomes to determine appropriate treatment options for each lower limb condition.

• Use evidence-based practice methods inclusive of correct wound swab technique, aseptic technique, and adoption of antibiotic stewardship protocols.

• Apply effective dressings to wound management practice that enable patients' comfort, prolonged wear, durability, greater healing capacity and a better quality of life.

• Provide education to patients that will support them in their self-care and that will promote further self-awareness of their health process.

• Provide education to patient families and support network to further facilitate patient independence.

• Utilise clinical assessment results and establish referral partnerships.

About access IQ

We are paving the way for innovative and easy online learning through our bespoke online course and assessment platform, accessIQ.

• Study anywhere, anytime

• Edit saved answers, review before submitting

• Live student console – tracks assessment, enrollments and waitlists

• Access statement of results and resource library.

About
Benchmarque Group

Benchmarque Group is a Registered Training Organisation (RTO 21824) delivering a range of clinical skills courses to meet the needs of a broad range of health professionals across Australia.

As an RTO working in the health sector, our focus is on the delivery of courses and courses designed to provide healthcare professionals with the opportunity to expand their skills and careers. We concentrate on skills and knowledge that can be immediately implemented in a vocational context.

Skills learnt today can be used tomorrow.

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