



Gilimbaa artist: Rachael Sarra, Goreng Goreng

Foundations of Chronic Disease

**Program
Information**



THE BENCHMARK GROUP
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Program snapshot

PROGRAM TITLE	Foundations of Chronic Disease
PROGRAM SUMMARY	The Foundations of Chronic Disease program aims to provide students with the skills and knowledge required to provide foundation chronic disease education, understand the burden of chronic disease and the impact on Australia, identify chronic disease models and the tools and resources used in managing chronic conditions in the primary health care arena.
UNITS OF COMPETENCY	Non-accredited
COST	Free program
PRE-READING	There is no pre-reading for this program.
DELIVERY & ASSESSMENT	Online learning and assessment via accessIQ
ESTIMATED HOURS OF STUDY	10 hours of active learning.
CPD HOURS	As a general guide, one (1) hour of active learning equates to one (1) hour of CPD. It is the responsibility of the individual student to calculate how many hours of active learning have been completed. The hours of active learning estimated above should act as a guide to CPD hours.
ENTRY REQUIREMENTS	To view entry requirements please refer to the next page.
TERMS AND CONDITIONS	Visit benchmarkgroup.com.au/terms-and-conditions View Student Handbook



Program outline

The Foundations of Chronic Disease program aims to provide students with foundation knowledge and has been designed for professionals new to the field of chronic disease management.

The program explores a range of topics including the burden of chronic disease globally and locally, understanding the patient journey and communication styles to enhance health literacy, understanding the use and appropriateness of prevention and prevention tools, identifying readiness for change and health behaviours, and the role of health data to inform service delivery.

Program outcome

Upon successful completion of the program students should have the ability to:

- Understand the burden of chronic disease
- Identify priority groups
- Understand their role in Close the Gap
- Understand the patient journey and link to coordinated care, cultural safety, health literacy and communication styles
- Identify the need for prevention and the use of prevention tools
- Understand care coordination

Program content

Fully online program consisting of blended learning including knowledge information, articles, learning videos and self reflection activities.

The program includes detailed information on the determinants of health, indigenous health, chronic disease frameworks, the patient journey, health literacy, and chronic conditions.

Program structure

There are no formal assessment requirements for this program.

Program entry requirements

Entrants to the Foundations of Chronic Disease program must provide evidence of a relevant professional role.

Relevant roles would include:

- Aboriginal and/or Torres Strait Islander Health Workers or Practitioners
- Registered Nurses
- Enrolled Nurses
- General Practitioners
- General Practice Registrars
- Allied Health Workers
- Social and Emotional Wellbeing Workers
- Others on request

About accessIQ

We are paving the way for innovative and easy online learning through our bespoke online course and assessment platform, accessIQ.

- Study anywhere, anytime
- Edit saved answers, review before submitting
- Live student console – tracks assessment, enrolments and waitlists
- Access statement of results and resource library.



About The Benchmarque Group

The Benchmarque Group (RTO 21824) is a Registered Training Organisation delivering a range of clinical skills courses and programs to meet the needs of a broad range of health professionals across Australia.

As an RTO working in the health sector, our focus is on the delivery of courses and programs designed to provide healthcare professionals with the opportunity to expand their skills and careers. We concentrate on skills and knowledge that can be immediately implemented in a vocational context.

Skills learnt today can be used tomorrow.

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