



Otitis Media Management Program

EHHAEH001

Assess ear health

EHHPEH002

Promote, educate and manage ear health



THE BENCHMARK GROUP
excellence in education

PROGRAM SNAPSHOT

Program Title	Otitis Media Management Program
Program Summary	The Otitis Media Management Program is designed to develop the skills and knowledge to safely assess and manage ear health in relation to a range of conditions, specifically otitis media based on detailed knowledge of the anatomy, physiology and pathophysiology of the auditory system.
Units of Competency	Incorporating Accredited Units of Competency EHHAEH001 and EHHPEH002.
Cost	Fully funded courses are currently available (usually \$425.00 per student).
Student Numbers	Groups are capped at 16 students to promote an optimal learning environment.
Delivery & Assessment	One (1) day face-to-face workshop, in-class activities assessed by facilitator, and online assessment completed via BenchmarkIQ.
Estimated Hours of Study	30 hours of active learning.
CPD Hours	As a general guide, one (1) hour of active learning equates to one (1) hour of CPD. It is the responsibility of the individual student to calculate how many hours of active learning have been completed. The hours of active learning estimated above should act as a guide to CPD hours.
Pre-requisites	The course is available to Aboriginal and/or Torres Strait Islander Health Workers and Health Practitioners, Registered Nurses, Enrolled Nurses, General Practitioners, General Practice Registrars, Audiometrists, Audiologists or others on application.
Terms and Conditions	Visit benchmarkgroup.com.au/terms-and-conditions

Otitis media is inflammation of the middle ear, or middle ear infection. It occurs in the area between the Tympanic membrane and the inner ear, including a duct known as the Eustachian tube. Though painful, otitis media is not life-threatening and usually heals on its own within 2 to 6 weeks. Otitis media is a common childhood disease with approximately 75% of all children having had one episode of otitis media by the age of five. Aboriginal and/or Torres Strait Islander children are 10 times more likely to experience otitis media than non-Indigenous children.

PROGRAM OUTLINE:

The Benchmark Group has been engaged by the federal Department of Health to deliver a course that will be suitable for Aboriginal and/or Torres Strait Islander Health Workers and Health Practitioners, nurses, general practitioners and a range of clinicians supporting improvements in ear health.

The Otitis Media Management Program is a one (1) day course that includes lecture and practical workshop activities involving condition recognition, ear health assessment, otoscopy and digital video otoscopy, as well as a range of basic, point-of-care hearing assessments.

PROGRAM INFORMATION

PROGRAM OUTCOME:

The course will enable students to assess the ear health of a client using a systematic, structured and consistent approach. Using as its foundation the 'Recommendations for Clinical Care Guidelines on the Management of Otitis Media in Aboriginal and/or Torres Strait Islander Populations', the course enables students to provide client-centred education, health promotion and the provision of basic care and advice in relation to the management of otitis media.

Upon the successful completion of this course, students should have:

- The skills and knowledge to assess and manage otitis media and associated conditions, based on detailed knowledge of the anatomy, physiology and pathophysiology of the ear
- The ability to apply a broad knowledge of management strategies, client-centred education and related physical functions to health promotion and provision of basic care and advice in relation to otitis media.

PROGRAM CONTENT:

During the one (1) day face-to-face workshop, the following topics are covered:

- Review of anatomy and physiology of the ear and hearing
- Structure of the ear
- Functions, including how do we hear?
- Perform a comprehensive ear health assessment
- Perform otoscopy.

Skills session

- Using assessment equipment
- Basic hearing assessment
- Condition recognition activity.

Promote and Manage Ear Health

- Promoting ear health to individuals and groups
- Developing management plans to meet the needs of individuals
- Co-morbidities, health and environmental considerations, abnormal aural health issues

- Referral to specialists
- Implementing ear health programs.

Management and Treatment of Otitis Media

- Acute otitis media (AOM)
- Viral otitis media
- Bacterial otitis media
- Otitis media with effusion (serous otitis media)
- Chronic suppurative otitis media (glue ear)
- Adhesive otitis media.

Other Conditions of the Ear

- Otitis externa including malignant otitis externa
- Fungal/bacterial/viral infections
- Neoplasms
- Benign (exostosis, osteomas/papilloma's/keloma, granulomas)
- Malignant (basal and squamous cell carcinomas), and more.

PROGRAM STRUCTURE:

Course delivery and assessment for the Otitis Media Management Program includes a one (1) day face-to-face workshop, in-class activities assessed by facilitator and online assessment completed via BenchmarkIQ.

To achieve competency in this course, students must demonstrate competency through realistic skills simulations and oral questioning in the workshop including 'What if' and 'How to' scenarios, and competently complete a theory assessment covering essential knowledge and skills.

There is no pre-reading and all course materials are supplied. The online assessment activities do not need to be completed until after attendance at the one (1) day workshop.

About The Benchmarque Group

The Benchmarque Group is a Registered Training Organisation (RTO) delivering a range of clinical skills courses and programs to meet the needs of a broad range of health professionals across Australia.

As an RTO working in the health sector, our focus is on the delivery of courses and programs designed to provide healthcare professionals with the opportunity to expand their skills and careers. We concentrate on skills and knowledge that can be immediately implemented in a vocational context.

Skills learnt today can be used tomorrow.

The artwork elements used throughout this resource were created by Gilimbaa artist Rachael Sarra (Goreng Goreng).



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